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Play Through Arthritis Pain With Natural Pain Relief

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If arthritis pain is keeping you off the golf course, you'll be happy to learn that safe, natural pain relief is as close as your neighborhood pharmacy.

What Is Arthritis?

Arthritis is a term that typically refers to any disorder that affects the joints which includes: the hands, wrists, feet, back, hip, and knees. Common symptoms are swelling, pain, stiffness, and decreased range of motion.

Arthritis is the leading cause of disability in America. It affects more than 50 million people of all ages, sexes, and races, though it is more prevalent in older adults.

Your local pharmacy has oral and topical pain relief options that can help you stay on the course, but which is right for you?

Oral vs. Topical Pain Relief

Oral medications like aspirin, ibuprofen, acetaminophen, and naproxen can lessen arthritis symptoms. Unfortunately, they also have troubling side effects such as nausea, stomach pain, loss of appetite, blurred vision, and headache.

Additionally, oral medications can negatively interact with other medications you may be taking. They can also require lifestyle changes such as coordinating usage with meals, and reducing or discontinuing the consumption of alcoholic beverages.

By contrast, topical analgesics are safe and effective against arthritis pain, and come with fewer side effects, drug interactions, and lifestyle changes than their oral counterparts.

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Topical analgesics are pain medications that are applied to the skin over painful joints or muscles. They are available in several forms, including ointments, creams, gels, sprays, and patches.

Topical pain relief isn't a new concept. Tiger Balm, for example, has been a staple in households for generations, and is a trusted favorite of athletes at all levels of competition.

Tiger Balm is Natural Pill-Free Pain Relief

With 100 years of proven success in almost 100 countries, Tiger Balm has helped millions of pain sufferers lead full and active lives.

Tiger Balm's blend of herbal oils (camphor, menthol, and others) provides fast relief by numbing the pain. It also promotes blood flow around the affected area to decrease inflammation and to carry away waste products that cause stiffness and soreness, such as broken down cells and lactic acid.

Tiger Balm was recognized by a recent independent study ("Winning in Naturals," 2018) as one of the most natural brands in the United States.

Out of 470 brands across several industries, consumers ranked Tiger Balm 6th overall. The study also named Tiger Balm as "the no.1 choice for Americans looking for effective natural pain relief."

Tiger Balm has long been a valued partner for amateur and pro golfers alike. At the 1993 Johnnie Walker Classic, for example, legend Nick Faldo's feet were aching. He applied some Tiger Balm (supplied to him by Singaporean golfer Samson Gimson) and shot a three-under 67 in the opening round of the tournament. Faldo went on to win the tournament with an 11-under.

Balancing the best of age-old tradition with modern innovations, Tiger Balm has transformed from "one product for all" to a range of solutions that address specific symptoms, pains, and lifestyles. It is now available in a variety of forms, including ointments, lotions, and patches.

Tiger Balm's Product Range

Tiger Balm Ultra Strength Ointment

Tiger Balm Ultra is a non-staining ointment that contains the strongest concentration of Tiger Balm's herbal ingredients to provide fast, warm, comforting relief for muscle pain, arthritis, and backaches. It is trusted by massage therapists, chiropractors, sports trainers, and collegiate and professional sports teams across the country.

Tiger Balm Arthritis Rub

Tiger Balm Arthritis Rub's blend of herbal ingredients provides safe, fast, and cost-effective relief from arthritis joint pain and muscle aches. Dispensed from an easy-to-use arthritis-friendly pump, the lotion isn't greasy and contains no skin-drying alcohol.

Tiger Balm Pain Relieving Patches

Tiger Balm Pain Relieving Patches provide strong and convenient pain relief for hours with minimal odor. They're not messy or greasy, and will not stain clothing. The ventilated hydrogel patches contour to the body to deliver optimal comfort and relief. They are thin enough to wear unnoticed under clothing, and comfortable enough to wear while golfing.

Where to Buy Tiger Balm

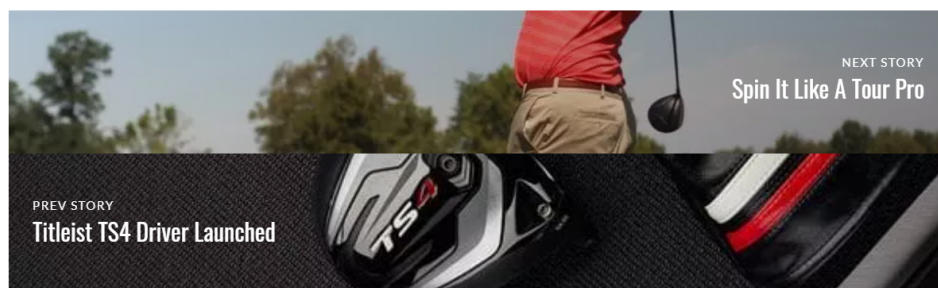
Tiger Balm products are sold at more than 30,000 pharmacies and retailers across the United States, including CVS, GNC, Kmart, Rite Aid, Target, Vitamin Shoppe, Vitamin World, Walgreens, and Walmart stores. They're also available online on Amazon and www.popus.com.

Inspired by centuries of Chinese wisdom, Tiger Balm offers a unique formulation specially made with herbal active ingredients which are proven to be effective. Tiger Balm's herbal and aromatic formulas help soothe sore and aching muscles, as well as Tiger Balm White offering relief to tension headaches.

To learn more about Tiger Balm products, visit www.tigerbalm.com/us.

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